



**Eu Yan Sang**  
**Integrative Health Pte Ltd**  
余仁生医疗综合有限公司



太和觀 THK

## **Eu Yan Sang Integrative Health serves nutritious lunches to the elderly through 'Meals on Wheels'**

**SINGAPORE, 3 Oct 2012** – Eu Yan Sang Integrative Health (EYSIH), a wholly-owned subsidiary of listed Eu Yan Sang International Limited (EYS), steps up on its pledge to care for mankind by sponsoring wholesome lunches for the elderly under the care of its adopted charity organisation, Thye Hua Kwan Moral Society (THK), as part of EYSIH 10<sup>th</sup> Anniversary charity campaign.

This initiative, named 'Meals on Wheels', sees participation from more than 70 EYSIH's physicians, clinical assistants, staff and management today at THK Home Help Service East to prepare, pack and deliver food to 140 elderly, on top of spending quality time with them. 'Meals on Wheels' aims to benefit frail elderly who are part of the THK Home Help Service East.

EYSIH is the first organisation to reach out to THK Home Help Service East to offer end-to-end assistance – from extending help in the kitchen to delivering food and providing the ingredients that goes into two special dishes created for the elderly.

Physicians of EYSIH looked into health profiles of the 140 frail elderly and carefully selected Chinese herbs to go with the special dishes: Stir-fry white fungus with pork tenderloin and seasonal vegetables with lily and wolfberries.

Chinese herbs used in the nutritious dishes were white fungus (strengthen kidneys), American ginseng (invigorate the spleen and lungs), red dates (tonify Qi and blood), dried lily bulbs (soothe and calm the mind), and Chinese wolfberries (promote vitality and brighten the eyes).

Commenting on EYSIH participation in 'Meals on Wheels', Group CEO of EYS Richard Eu said: "Beyond business goals, EYS and its subsidiaries also hold social goals close to our hearts. Over the years, we have actively engaged in the local community to do more good. We have always strived for a holistic wellness through the body, mind and spirit. And, what better way to plant seeds of wellness than to nourish the community through traditional Chinese herbs."

"Our knowledge and resources in TCM allows us to formulate healthy menus using quality herbs. We may consider extending such support in the future with other charity organisations, if this works out well," he added.

"Eu Yan Sang, Mr Richard Eu and more than 70 staff are setting a precedent for a local multinational company to link-up and bond with our needy elderly. Bravo!" said Lee Kim Siang, Chairman of THK.



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Over the past few months, EYSIH have been actively raising funds for THK through donation boxes at EYS clinics across Singapore. An additional 10% of the total sum collected from the donation boxes during the six-month donation drive would be donated to THK. The other charity programmes included 'Bring-Your-Own -Bag', which started in July to encourage customers to bring their own bags for herbal medication or donate S\$1 for the bags and the sale of commemorative THK-EYS umbrellas at EYSIH clinics. These umbrellas are available at any EYS TCM clinics for S\$10 each from August onwards and all proceeds go to THK.

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### **About Eu Yan Sang Integrative Health Pte Ltd**

At Eu Yan Sang Integrative Health Pte Ltd (EYSIH), we focus on providing the highest level of healthcare to bring about holistic care and lifelong health. As a fully owned subsidiary of listed Eu Yan Sang International Ltd (EYSI), EYSIH embodies the philosophy of "Caring for Mankind".



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Through our extensive chain of premier centres, general clinics and sessional clinics strategically located island-wide, EYSIH is committed to bringing total health and well being to all our patients.

At our clinics, our team of experienced Traditional Chinese Medicine (TCM) practitioners are meticulously selected by our internal Medical Board and licensed by the Traditional Chinese Medicine Practitioners' Board, a regulatory body under the charge of the Ministry of Health. In addition, all herbal medication prescribed by our physicians are approved by the Health Sciences Authority of Singapore.

Depending on the diagnosed medical health condition, our physicians will prescribe a customised herbal prescription, complementing it with other TCM therapies if necessary. Patients receive their prescriptions of herbal powder in sealed sachets that are hygienically dispensed and packed. At the dispensing stage, our award-winning Clinic Management System provides two levels of stringent checks to ensure accurate dispensing and patient safety.

#### **About Eu Yan Sang International Ltd (SGX: EYSI)**

Listed on the Singapore Exchange, Eu Yan Sang International Ltd ('EYSI') is a global integrative healthcare and wellness company with a strong foundation in Traditional Chinese Medicine (TCM). EYSI is an industry leader, and one of the largest TCM groups in South East Asia. It is at the forefront of adopting a modern and scientific approach in the production and retailing of both TCM and wellness products.

#### **About Thye Hua Kwan Moral Society**

Thye Hua Kwan Moral Society (THK) was established in 1978 and is a non-profit voluntary welfare organization. We provide community based services in social, health, emotional, educational, family, disabled and financial support to all people. We help anyone who needs help with full respect to their race, colour, creed, language, culture and religion.

THK operates more than 50 centres and services which include the Ang Mo Kio – Thye Hua Kwan Hospital, 4 charity homes, 4 family service centres, meals on delivery, therapy services, counselling for pregnancies, senior activity centres, workshops for the blind, counselling for problem gamblers, centres for early intervention for infants with disabilities and a cluster of welfare services for the under-privileged.

This year, THK has launched various new services including:

- The Senior Group Homes – which helps the elderly to live independently within the community and receive support and assistance from us when needed.



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- “Say NO to Fall” – which aims to reduce the risks of falls among the elderly by conducting Fall Assessments and implementing individual care plans to prevent falls.
- Tele-Home Care – which enables case managers to conveniently monitor and visually interact with home-bound elderly with the use of modern technology apart from the routine house-visits, thus enabling more effective care for the elderly.